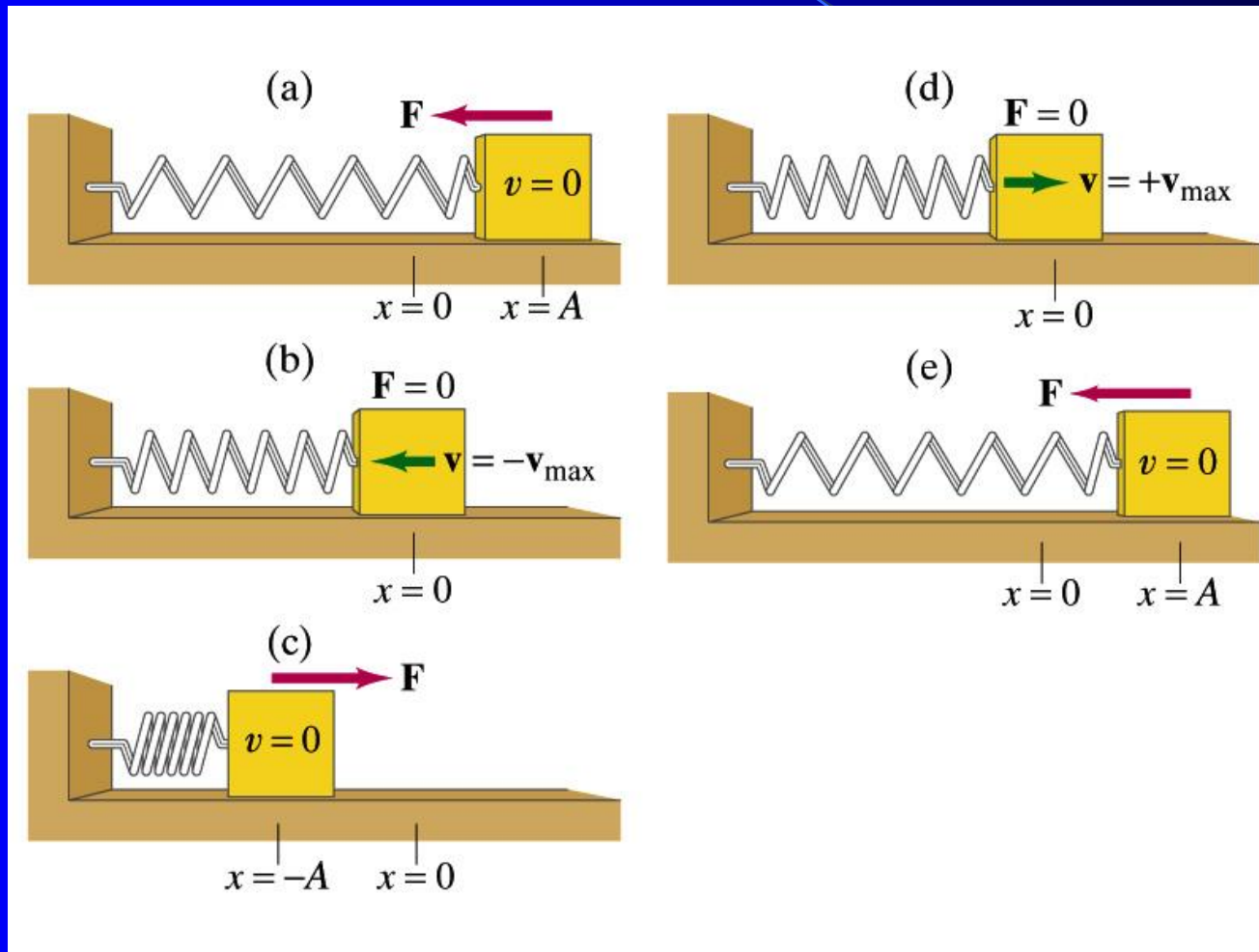


# Stress and Strain

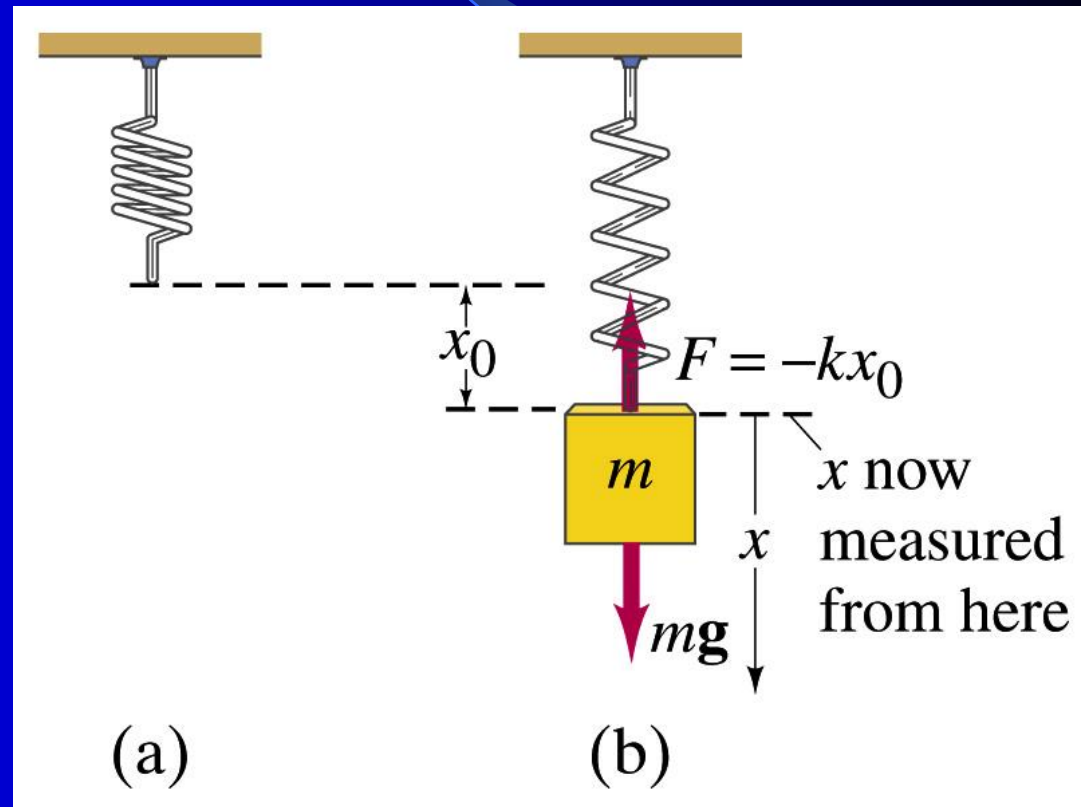
- Stress/Strain=Constant
- Tensile Stress =  $F_{\perp}/A$  (Unit:  $\text{N}/\text{m}^2=\text{Pa}$ )
- Tensile Strain =  $(l-l_0)/l_0$
- Young's modulus:  $Y=\text{Stress}/\text{Strain}=\frac{l_0 F_{\perp}}{A(l-l_0)}$
- $F_{\perp} = YA(l-l_0)/l_0 = k(l-l_0) = kx$

# Oscillation of a Spring



# Vertical Spring

- $\Sigma F=0=kx_0-mg$
- Any additional displacement  $x$  produces a force  $F=-kx$



# Simple Harmonic Motion

$$ma = \sum F$$

$$ma = -kx$$

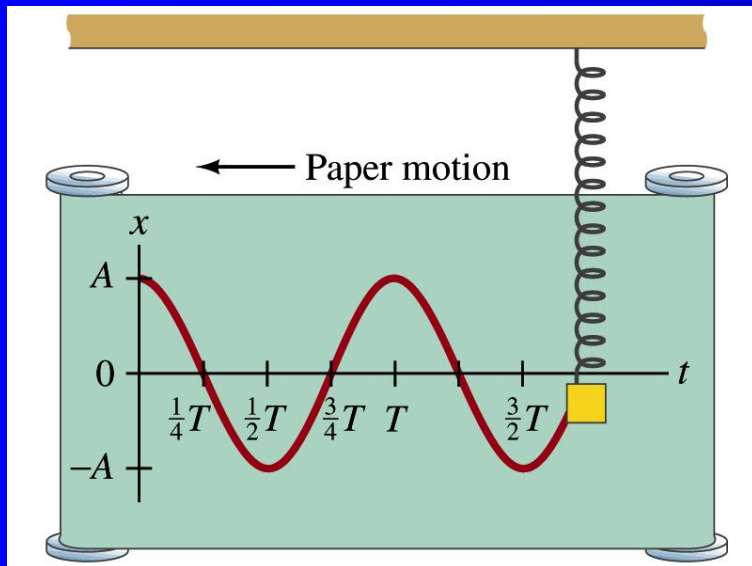
$$a + \frac{k}{m}x = 0$$

- **Equation of Motion**

- How to solve?

- Guess an Ansatz

$$x = x_{\max} \cos(\omega t + \phi)$$



# Simple Harmonic Motion

$$x = x_{\max} \cos(\omega t + \phi)$$

$$a + \frac{k}{m} x = 0$$

$$v = -\omega x_{\max} \sin(\omega t + \phi)$$

$$a = -\omega^2 x_{\max} \cos(\omega t + \phi)$$

$$-\omega^2 x_{\max} \cos(\omega t + \phi) + \frac{k}{m} x_{\max} \cos(\omega t + \phi) = 0$$

$$\left( \frac{k}{m} - \omega^2 \right) x_{\max} \cos(\omega t + \phi) = 0$$

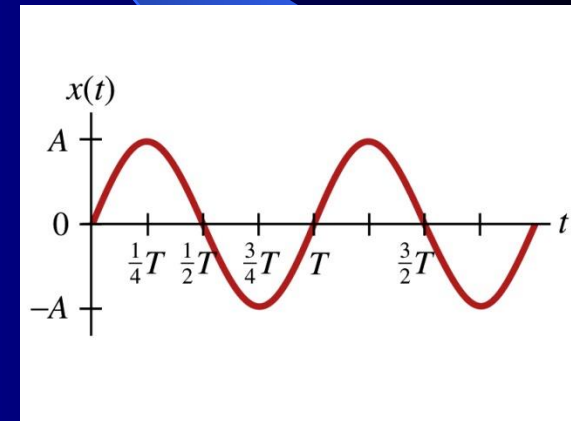
# Simple Harmonic Motion

- When is  $\left(\frac{k}{m} - \omega^2\right)x_{\max} \cos(\omega t + \phi) = 0$  true for all  $t$ ?

- Only if  $\omega^2 = \frac{k}{m}$

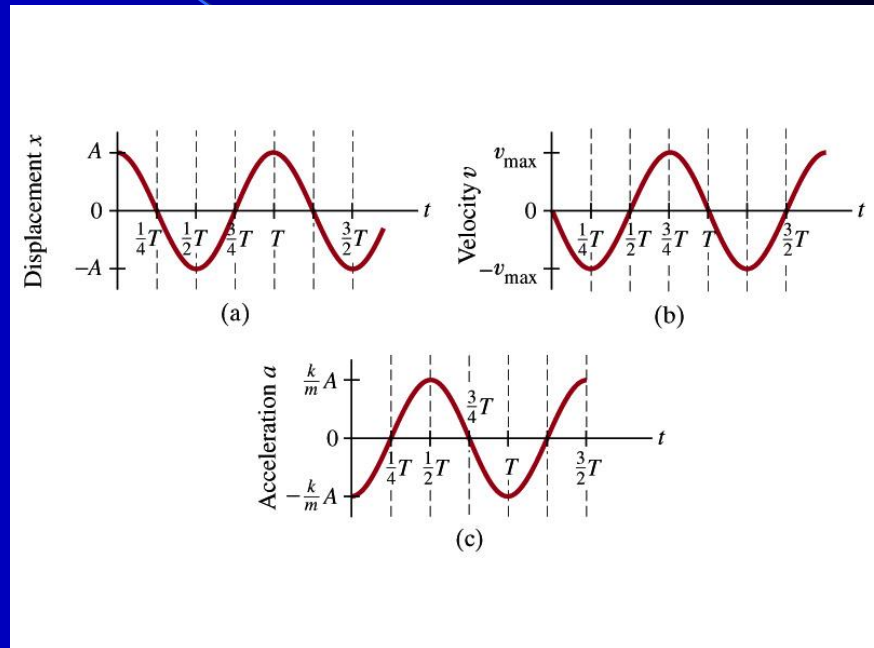
- $x_{\max}$  and  $\phi$  are arbitrary!
- Determined through initial conditions
- cos function repeats itself after  $2\pi$ rad

- $\cos(\omega T + \phi) = \cos(0 + \phi)$        $\omega T = 2\pi$



$$T = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{m}{k}}$$

# Summary



$$x = x_{\max} \cos(\omega t + \phi)$$

$$v = -\omega x_{\max} \sin(\omega t + \phi)$$

$$a = -\omega^2 x_{\max} \cos(\omega t + \phi)$$

# Energy in the SHO

